



# IRT RESULTS

SUPPLEMENTS  
DIET  
THERAPIES

Prepared for: CLIENT NAME

Date

Beneficial interventions determined by  
Integrative Response Testing  
Provided by JS Wellness Consulting



## Supplements

### DESIGNS FOR HEALTH

GI Revive Powder

Vitamin D Supreme

GI Microbe-X

Inflammatone

### CELL CORE

Para 1

Biotoxin Binder

Advanced TUDCA

BC-ATP

Bowel Mover

IS-Boost

### STANDARD PROCESS

Turmeric Forte

Drenamin

Zypan

Congaplex

Antronex

Boswellia Complex

### MICROBIOME LABS

Megammune

MegaMucosa

MegaSporeBiotic

### THORNE

GI-Relief

Zinc Picolinate 30mg

NAC

Selenomethionine

Adrenal Cortex

### DOUGLAS LABS

Microbiome Fiber

DHEA (micronized) 50mg

Liquid Vitamin D3

Berberine Balance

Bilex

Estro-mend

Diet: Anti-inflammatory, Paleo



## Therapies

THERAPIES		
Chiropractic	Emotional Freedom Technique	Cardio workouts
Red Light Therapy	Lymphatic Massage	Epsom Salt Bath
ECO Meditation	Infrared Sauna	Liver Flush

The above recommendations were determined to be beneficial for the client based on energetic testing called Integrative Response Testing (IRT). IRT is based on Autonomic Response Testing developed by Dr. Dietrich Klinghardt and allows the practitioner to assess which supplements, diet and other recommendations will provide a neutralizing response to the stresses which are currently present in the client's body.

These results are not intended to serve as a finalized protocol. They are third-party data which help guide the practitioner in conjunction with his or her clinical expertise to create formal recommendations- much like bloodwork, mineral analyses or any other type of third-party testing. However, rather than providing insight as to what is wrong, IRT results show what is beneficial.

For more information about IRT and how it works, please click [here](#).

**THESE RESULTS ARE IN NO WAY A DIAGNOSIS OF, NOR TREATMENT FOR, ANY DISEASE OR MEDICAL CONDITION, AND ARE NOT INTENDED TO BE INTERPRETED AS SUCH.**